

# Share Why We Care

## Acadia Hospital: *Project Inspiration*

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As an employee of seven years at The Acadia Hospital, I find so many rewards as I come to work daily. I appreciate the smiles and greetings of those I pass in the halls. I get a personal sense of satisfaction every time I am able to answer a question, or clarify a concern. I am rewarded by everyday interactions with staff and our grateful clientele.

I so appreciate the individual qualities brought to The Acadia Hospital by each and every staff employed here. The qualities that I bring each day include a positive outlook, a strong work ethic, a desire to help someone, either a staff, client, or visitor in some small way each day. I bring an understanding of the different obstacles faced by individuals each day, due to my broad range of professional and personal experiences here at The Acadia Hospital, and throughout my life.

Acadia is a positive place to work for so many reasons. It has an environment of caring... people choose to work here because they want to help others. Acadia offers flexibility in scheduling, generous benefits, and an administration who understands that “life happens”. As folks enter the door, they are met with a warm environment, friendly, helpful faces, and an immaculate, yet welcoming facility.

My passion for my work originates from personal life experiences...I know how a sincere smile, a warm touch, or a willing ear can help lift the weight of the world from my shoulders. I know the emptiness and loneliness one can experience when it seems like no one cares. I appreciate those who can see past the poor choices one has made, and offer a helping hand and an encouraging word instead of judgment, ridicule and blame. I desire to provide this same encouragement to others each day.

When not at work I enjoy hiking, playing with and training my dogs...I’m hoping that one or both will be therapy dogs some day. I enjoy escaping into a good book, or simply watching a show on TV. I love trying new recipes, and attempting to make healthy food taste good. I am involved in my church, and when finances allow, I enjoy travel to third world countries to participate in medical missions. So far I have been privileged to visit Africa, Nepal, Philippines, Haiti, and Belize. I also enjoy singing and playing the violin. This variety of experiences helps me in maintaining a healthy balance, so that I may be most effective in all of my endeavors, both at work and with everyday life.

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TOGETHER We're Stronger

